

Bowel Preparation with NuLyteLy

- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT ON PROCEDURE DAY UNTIL AFTER PROCEDURE.**
- You must be accompanied by a friend or relative to drive and/or assist you home. We WILL NOT discharge you to a cab, bus or other transportation service without a responsible party with you. You may not drive for 12 hours following your procedure.**

Materials You Will Need to Prepare For Your Procedure

- Prescription** for the NuLyteLy Bowel Prep which has been provided by our office
- Obtain** the NuLyteLy Bowel Prep from the **Pharmacy**
- Clear Liquid Diet Instructions** (see attached Clear Liquid Diet Sheet)

Special Instructions Regarding Medications

- Do Not** take **Iron supplements** for **one week prior** to the procedure date. Multivitamins are OK.
- Stop** taking **Coumadin/Plavix** _____ **days prior** to your scheduld procedure date.
- Diabetic patients:** _____
- Do Not** take **Lasix, HCTZ or Dyazide (water pill)** the **day of the procedure**
- Heart/Blood Pressure/ Thyroid/Seizure/Nerve Medications** can be taken **on the day of the procedure** with a sip of water.
- Stop Effexor** **one day before** the procedure
- Asthmatic patients** should bring their **INHALERS** with them on the day of the procedure
- Other** _____

The Day Before Your Exam

- DO NOT EAT ANY SOLID FOODS. YOU MAY ONLY HAVE CLEAR LIQUIDS ALL DAY UP UNTIL MIDNIGHT. After midnight nothing by mouth unless instructed otherwise.**
- Take all of your normal prescription medications, **unless advised otherwise.**
- You may go to work, but be home by 4 pm to begin your bowel prep.
- IMPORTANT NOTE: follow the instructions below, NOT the instructions on the Prep’s packaging**
- Prepare your NuLyteLy solution in the morning with lukewarm water to the designated line and add a flavor packet. **Shake well and refrigerate.**

AM Procedure

- At 4 pm** - yes no Take all four (4) Bisacodyl Laxative tablets with water
- At 6 pm** – Begin drinking the NuLyteLy laxative solution.
 - **Drink 8 ounces every 10-15 minutes – until the entire solution is consumed.**
- It is best to drink each glass rapidly rather than sip it. Drinking the NuLyteLy solution through a straw may also improve your tolerance for this bowel prep.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT**
- Other _____

- ⇒ Questions about symptoms or medications call 484-356-1050 between **7:30 am- 3:30 pm (Nurse Line)**
- ⇒ General or reschedule questions call 610-431-3122
- ⇒ If you reschedule, ask if you will need new prep instructions.

Patient: Print Name

Signature

Date