

COLONOSCOPY PREP FREQUENTLY ASKED QUESTIONS (FAQ)

- It is important to drink plenty of water and other CLEAR LIQUIDS throughout the day in order to avoid dehydration and to flush the bowel. You are to remain on CLEAR LIQUIDS up to midnight; after midnight take nothing by mouth until after your procedure. If you are scheduled for an afternoon procedure you may have Clear Liquids until 4 hours prior to your arrival time.
 - Feeling of bloating, chills and/or nausea are common after the first few glasses, due to the large volume of fluid ingested. Walking and other activities usually decrease nausea. This is temporary and will improve once bowel movements begin. Most people have a bowel movement within an hour or two of starting the laxative. Sometimes, there may be a delay of four hours. You just need to be patient and stay **close to a bathroom**. Multiple bowel movements **will** occur and may continue for several hours after you have finished drinking the solution. Your stools should become clear of solid material.
 - If you develop vomiting, severe discomfort or bloating, stop taking the prep for a while until the discomfort goes away. If vomiting persists, stop the preparation and call our office 610-431-3122 or the physician on call for further instructions.
 - Tucks/baby wipes and Charmin Plus® toilet tissue may help with irritation after the numerous bowel movements.
 - You **must** have a driver to assist you home. You may not drive or operate machinery for 12 hours after your procedure. You may not use any mode of transportation unless accompanied by a responsible adult.
 - You will receive a phone call from Professional Anesthesia Consultants. They will provide the Anesthesia services on the day of your procedure. If you have any concerns about the sedation please call them at 610-254-9500. If they cannot reach you, the Anesthesiologist will speak to you the day of your procedure.
 - Two business days prior to your procedure we will call you with the arrival time for your procedure; you do not have to arrive any earlier than the time that is given.
 - You will be here approximately 1 1/2 – 2 hours.
 - Should you not receive this call please call 610-431-3122 prior to starting your prep.
 - If you reschedule your procedure, check to see if you need new prep instructions.
 - Please bring your Allergy and Medication Lists with you on the day of the procedure.
 - Please bring your insurance card the day of the procedure.
 - Please check with your insurance company to see if you need a referral.
- ⇒ Questions about symptoms or medications call 484-356-1050 between **7:30 am- 3:30 pm (nurse line)**
⇒ General or reschedule questions call 610-431-3122